

SURVIVOR'S VOICE

Here is another powerful example of how your gifts are helping breast cancer patients.

I was diagnosed in September 2016 and decided to have a double mastectomy in October of 2016 and reconstruction in December.

I was very lucky that my surgery was caught early because I lost my mother to the disease in 2009 when she was 58.

After my surgery and reconstruction, I returned to work part time but I am still in physical therapy for movement in my right arm and for capsular contracture of my left breast.

Being a one income family is hard and after hearing about The Breast Cancer Charities of America through the American Cancer Society I applied for financial assistance.

Through my surgery, I found the most support and joy from my friends and neighbors. My social worker, Patricia, has also been very helpful.

Even though I caught the disease early, when you are going through something like this and choosing your treatment, make sure you research as much as you can. Your doctor says the word 'cancer' but it is important to stay calm and not be emotional. Don't make any rash decisions.

There is a light at the end. You can't let yourself get caught up in the scare. Even if you don't have family like myself, there are so many people out there that care. There are organizations like BCCA that will help you in your time of need. Or a neighbor that brings you food. There are a lot of good people out there, you just must be willing to ask for their help.



There is a light at the end of the tunnel...There are a lot of good people out there, you just have to be willing to ask for their help.” Jacqueline S.